

# *The Parlour* *Bar & Restaurant*



FIND US ON



## STARTERS

*SOUP OF THE DAY <i>with locally baked wheaten bread</i>	£4.95
*CHICKEN WINGS <i>with hot sauce</i>	£4.95
*BBQ RIBS <i>baby ribs with rich barbecue sauce</i>	£4.95
*GARLIC BREADED MUSHROOMS <i>served with a garlic mayo dip</i>	£4.95
*PARLOUR PRAWN MARIE ROSE <i>with locally baked wheaten bread</i>	£4.95
CHILLI CHICKEN <i>lightly coated chicken strips with chilli sauce on a bed of leaves</i>	£4.95

## MAINS

PARLOUR BURGER <i>8oz steak burger topped with bacon, melted applewood smoked cheese &amp; tobacco onions, in a toasted bun with chunky chips or french fries</i>	£10.95
*LIVER & BACON <i>lamb's liver, Clonakilty black pudding, mash &amp; onion gravy</i>	£8.95
*CARNDUFFS PIE <i>H &amp; J CARNDUFFS Award Winning Pie with chips or mash &amp; seasonal vegetables</i>	£8.95
TRADITIONAL LASAGNE <i>freshly baked homemade lasagne garlic bread &amp; chunky chips or garlic cubes</i>	£9.95
CHICKEN FEAST <i>butterflied chicken breast topped with bacon &amp; cheese with tobacco onions &amp; peppered sauce &amp; served on a bed of champ</i>	£10.95

## SIDES:

Chunky Chips   French Fries   Garlic Cubes   Chilli Cubes   Onion Rings   Mash   Champ	£3.00
Side Salad   Garlic Bread   Wheaten Bread	£2.00

SALTED CHILLI CHICKEN <i>lightly coated chicken strips on a bed of leaves topped with chilli sauce served with french fries or chunky chips</i>	£9.95
--	-------

*FISH & CHIPS <i>beer battered locally caught cod served with chips &amp; garden peas</i>	£9.95
--	-------

SCAMPI <i>freshly battered Portavogie scampi with salad, chunky chips or french fries</i>	£10.95
--	--------

PAN FRIED SALMON <i>served on a wholegrain mustard mash topped with king prawns and garli and herb butter</i>	£10.95
--	--------

*VEGGIE BURGER (v) <i>served in a toasted bun with lettuce, tomato &amp; onion</i>	£8.95
---	-------

*CAJUN CHILLI CHICKEN <i>wok fried vegetables tossed in cajun &amp; sweet chilli sauce, served in a pitta pocket</i>	£9.95
---	-------

SIRLOIN OR RIBEYE STEAK <i>8oz locally sourced 28 day aged steak with mushrooms, tobacco onions &amp; choice of side - gravy or pepper sauce SURF &amp; TURF £2.50 extra</i>	£13.95
---	--------

*CHEF'S ROAST OF THE DAY PLEASE ASK YOUR SERVER FOR TODAY'S SPECIAL	£9.95
--	-------

## SIZZLERS

BEEF & BIRD	£11.95
CHILLI BEEF	£10.95
CHICKEN	£10.95
VEGETABLE (V) <i>all of the above are served on a sizzling skillet with peppers &amp; onions &amp; a side of chunky chips</i>	£9.95

## 2 Courses for £12

Available All Day on Selected Meals Marked with\* Choice of starter or dessert with main  
Extra Sauces £1.50

### FOOD ALLERGIES.

If you have a food allergy, please let your server know before ordering. Descriptions on our menu do not include all ingredients.  
Full Allergen information for Food and Drink is available on request.

ALL OUR PRODUCE IS LOCALLY SOURCED. OUR SUPPLIERS INCLUDE:  
H & J CARNDUFFS BUTCHERS NEWTOWNARDS S. HAMILTON KILLYNETHER ROAD NEWTOWNARDS  
SUPERIOR OCEANS PORTAVOGIE A SLICE OF HEAVEN NEWTOWNARDS