

# *The Parlour* *Bar & Restaurant*



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OLDEST PUB IN NEWTOWNARDS  
BUILT 1735

**STARTERS**

*SOUP OF THE DAY <i>with locally baked wheaten bread</i>	£4.95
*CHICKEN WINGS <i>with hot sauce</i>	£4.95
*BBQ RIBS <i>baby ribs with rich barbecue sauce</i>	£4.95
*GARLIC BREADED MUSHROOMS <i>served with a garlic mayo dip</i>	£4.95
*PARLOUR PRAWN MARIE ROSE <i>with locally baked wheaten bread</i>	£4.95
CHILLI CHICKEN <i>lightly coated chicken strips with chilli sauce on a bed of leaves</i>	£4.95

**MAINS**

PARLOUR BURGER <i>8oz steak burger topped with bacon, melted applewood smoked cheese &amp; tobacco onions, in a toasted bun with chunky chips or french fries</i>	£10.95
*LIVER & BACON <i>lambs liver, Clonakilty black pudding, mash &amp; onion gravy</i>	£8.95
*CARNDUFFS PIE <i>H &amp; J CARNDUFFS Award Winning Pie with chips or mash &amp; seasonal vegetables</i>	£8.95
TRADITIONAL LASAGNE <i>freshly baked homemade lasagne garlic bread &amp; chunky chips or garlic cubes</i>	£9.95
CHICKEN FEAST <i>butterflied chicken breast topped with bacon &amp; cheese with tobacco onions &amp; peppered sauce &amp; served on a bed of champ</i>	£10.95

SALTED CHILLI CHICKEN <i>lightly coated chicken strips on a bed of leaves topped with chilli sauce served with french fries or chunky chips</i>	£9.95
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*FISH & CHIPS <i>beer battered locally caught cod served with chips &amp; garden peas</i>	£9.95
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SCAMPI <i>freshly battered Portavogie scampi with salad, chunky chips or french fries</i>	£10.95
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PAN FRIED SALMON <i>served on a wholegrain mustard mash topped with king prawns and garlic and herb butter</i>	£10.95
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*VEGGIE BURGER (v) <i>served in a toasted bun with lettuce, tomato &amp; onion</i>	£8.95
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*CAJUN CHILLI CHICKEN <i>wok fried vegetables tossed in cajun &amp; sweet chilli sauce, served in a pitta pocket</i>	£9.95
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SIRLOIN OR RIBEYE STEAK <i>8oz locally sourced 28 day aged steak with mushrooms, tobacco onions &amp; choice of side - gravy or pepper sauce SURF &amp; TURF £2.50 extra</i>	£13.95
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*CHEF'S ROAST OF THE DAY PLEASE ASK YOUR SERVER FOR TODAY'S SPECIAL	£9.95
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**SIZZLERS**

BEEF & BIRD	£11.95
CHILLI BEEF	£10.95
CHICKEN	£10.95
VEGETABLE (V)	£9.95
<i>all of the above are served on a sizzling skillet with peppers &amp; onions &amp; a side of chunky chips</i>	

**2 Courses for £12**

Available All Day on Selected Meals Marked with\*  
Choice of starter or dessert with main  
Extra Sauces £1.50

ALL OUR PRODUCE IS LOCALLY SOURCED. OUR SUPPLIERS INCLUDE:

H & J CARNDUFFS BUTCHERS NEWTOWNARDS  
S. HAMILTON KILLYNETHER ROAD NEWTOWNARDS  
SUPERIOR OCEANS PORTAVOGIE  
A SLICE OF HEAVEN NEWTOWNARDS

**SIDES**

Chunky Chips	£3.00	French Fries	£3.00
Garlic Cubes	£3.00	Chilli Cubes	£3.00
Onion Rings	£3.00	Mash	£3.00
Champ	£3.00	Side Salad	£2.00
Garlic Bread	£2.00	Wheaten Bread	£2.00

**DESSERTS**

*FRESH FRUIT PAVLOVA	£4.50
*CHEESECAKE <i>with fresh cream or ice cream</i>	
*WARM CHOCOLATE FUDGE CAKE <i>with fresh cream or ice cream</i>	
*CHEF'S CHOICE	

**TEA & COFFEE**

Americano	£2.20
Espresso	£2.20
Cappuccino	£2.40
Hot Chocolate	£2.40
Latte	£2.40
Pot of Tea	£2.00

**LIQUEUR COFFEES**

IRISH COFFEE <i>with Bushmills</i>	£5.50
AMARETTO COFFEE <i>with Disaronno</i>	
HIGHLAND COFFEE <i>with famous Grouse</i>	
SEVILLE COFFEE <i>with Cointreau</i>	
CALYPSO COFFEE <i>with Tia Maria</i>	
TURKISH DELIGHT COFFEE <i>with Chambord</i>	
IRISH CREAM COFFEE <i>with Baily's Cream</i>	
RUSSIAN COFFEE <i>with Smirnoff Vodka</i>	
ROYALE COFFEE <i>with Brandy</i>	

FIND US ON



**FOOD ALLERGIES.**

*If you have a food allergy, please let your server know before  
ordering. Descriptions on our menu do not include all ingredients.  
Full Allergen information for Food and  
Drink is available on request.*