



# THE PARLOUR

EAT . DRINK . ENJOY

## Starters

- \* **Soup of the day**  
with homemade wheaten bread
- \* **Battered Mushrooms**  
with Garlic Mayo
- \* **Breaded Brie Wedge**  
with red onion & cranberry marmalade
- \* **Cheesy Garlic Bread**
- \* **Prawn Marie Rose**  
with homemade wheaten bread
- \* **Spicy Chicken Wings**  
**ALL 6.50**

## Mains

- \* **Roast of the day** £13.95  
Creamed & roast potatoes, rich roast gravy and traditional vegetables
- \* **Pie of the day**  
with mash or chips, vegetables and gravy £13.95
- \* **Grilled Gammon**  
topped with pineapple or fried egg, garden peas and choice of side £13.95
- \* **Chicken, Beef or Vegetable Curry**  
served with rice or chips £13.95
- \* **Chicken Feast**  
southern fried chicken breast, topped with bacon, cheese and onion rings. On a bed of champ with peppered sauce £14.95
- \* **8oz Steak Burger or Southern Fried Chicken Fillet Burger**  
topped with bacon & cheese, lettuce, tomato and onions. Served with a choice of side £13.95
- \* **Lasagne**  
served with Garlic Bread and choice of side £13.95
- \* **Fish & Chips** £13.95  
**Portavogie Scampi**  
with choice of side £15.95
- Catch of the Day** (ask server for details)
- \* **Southern Fried Chicken Goujons**  
with sweet chilli sauce and choice of side £13.95
- Peppered Steak Melt**  
Sliced steak, sautéed onions, mushrooms & peppered sauce, served in a cheesy garlic ciabatta & choice of side £15.95
- 8oz Sirloin or Ribeye**  
served with onion rings, mushrooms, grilled tomato & choice of side – with gravy or peppered sauce £19.95
- ADD SCAMPI FOR £3.00**
- \* **Quorn Vegetarian Burger**  
dressed with lettuce, tomato & onion, served with choice of side £12.95

## Light Lunch

Monday - Saturday until 4pm

- Baked Potato**  
choice of filling - prawn marie rose sauce, cheese & bacon, cheese & onion or coleslaw £7.95
- Caesar Salad**  
chicken & bacon with croutons and classic ceasar dressing £7.95
- Prawn and Smoked Salmon Open**  
on a bed of leaves with a selection of salads £13.95
- Wrap of the Day**  
served with french fries (ask server for details) £7.95
- Toasted Club Sandwich**  
chicken, bacon, lettuce & tomato served with french fries £9.95
- Bowl of Chicken Wings**  
12 wings smothered in Chefs spicy sauce £8.95

If you have a food allergy, please let your server know before ordering. Full allergen information is available on request.



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## *Sides* - ALL £3.50

Chunky Chips	Side Salad
Sweet Potato Fries	Skinny Fries
Sweet Chilli Cubes	Garlic Cubes
Mash	Salt & Chilli Cubes
Baked Potato	Champ
	Onion Rings

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## \* Two Course Special

£17.95

Starter and Main

Available Sunday – Thursday until 6.30pm on all items marked \*

## Kids eat free Sunday

1 Child per full paying adult.

## FANCY A DESSERT?

Ask your server for details on todays selection

All our food is locally sourced, where possible, from local businesses that take pride in what they do and we continue that pride by cooking and delivering it to you.

### Food Service Times:

Monday to Thursday 12pm-8pm

Friday to Saturday 12pm-9pm

Sunday 12pm-7pm

### The Parlour Bar and Restaurant

4 Castle Place

Newtownards

BT23 7JF

Tel: 028 9181 4154